KINDNESS *Challenge*

CHECKLIST

- ☐ Sit with someone who is alone.
- ☐ Hold the door open for a classmate or teacher.
- ☐ Give someone a genuine compliment.
- ☐ Invite someone to play or sit with you.
- ☐ Pray for a friend, teacher, or your school.
- ☐ Do a chore without being asked.
- ☐ Send an encouraging text to a friend.
- ☐ Thank a coach, teacher, or youth leader.
- ☐ Invite someone to join your lunch table.
- ☐ Introduce yourself to someone new.
- ☐ Help a classmate with homework or studying.

GPRAISE 106.3 Orlando

BACK TO SCHOOL